



Confirmed COVID-19 case linked to The Whitley AP Academy.

Dear parent / carer,

Single case

We have been made aware that there has been a confirmed case of COVID-19 in our setting. The person was last in the setting whilst infectious on 13th January.

It is likely that your child has come into contact with someone with COVID-19. As such, Public Health recommend the following:

- Children aged 5 and over should take a lateral flow device (LFD) test every day for 7 days, or until 10 days since their last contact with the person who tested positive for COVID-19 if this is earlier.
- Children under 5 years old do not need to take part in daily testing for contacts of COVID-19 and do not need to isolate.

You can obtain LFD kits from pharmacies or online at www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

Please inform the setting if your child tests positive on either a LFD or PCR test. If your child receives a positive test result, they must follow national guidance on self-isolation.

You should also register LFD results online so that you can get the correct advice about isolation: www.gov.uk/report-covid19-result

If you have been in contact with someone with COVID-19 there are further things you can do to keep those around you as safe as possible and to limit disruption to essential services. Further information can be found over the page.

Yours sincerely,



Keeping Calderdale safe during COVID-19

The information below is correct on 7th January 2022.

See also www.nhs.uk/conditions/coronavirus-covid-19/

If you have been in contact with someone with COVID-19
<ul style="list-style-type: none">→ You are legally required to self-isolate for 10 days unless you are fully vaccinated, or you are below the age of 18 years 6 months→ If you are not required to isolate, you should take a Lateral Flow test every day for 7 days, or until 10 days since your last contact with the person who tested positive for COVID-19 if this is earlier. Children under the age of 5 are not advised to take part in daily Lateral Flow testing.→ Take a single PCR test as soon as possible while you are self-isolating. However, if you have previously received a positive COVID-19 PCR test result within the last 90 days you should not take another PCR test unless you develop symptoms. When there is a surge in COVID-19 cases it may be difficult for people without symptoms to book a PCR test slot locally. If you aren't able to book a PCR test, it's important to keep doing daily Lateral Flow tests→ Remain vigilant to COVID-19 symptoms (see below)→ Limit close contact with other people outside the household, especially in crowded, enclosed or poorly ventilated spaces→ Limit contact with anyone who is at higher risk of severe illness if infected with COVID-19→ Wear a face covering in enclosed spaces and where you are unable to maintain social distancing if you are 11 or over→ Stay away from people who are clinically vulnerable as much as possible→ Remember that vaccination reduces, but does not eliminate, the risk of acquiring and transmitting infection.
If anyone in your household develops COVID-19 symptoms
<ul style="list-style-type: none">→ The person must stay at home and self-isolate and seek a PCR test. Do not rely on a negative Lateral Flow test as these tests are not as accurate in picking up COVID-19 in people with symptoms.→ The most important symptoms of COVID-19 are recent onset of any of the following:<ul style="list-style-type: none">○ a new continuous cough○ a high temperature○ a loss of, or change in, your normal sense of taste or smell (anosmia)
If anyone in your household tests positive for COVID-19
<ul style="list-style-type: none">→ Anyone who tests positive on a PCR is required to stay at home and self-isolate in line with national guidance.→ From 11th January, as a temporary measure, anyone who tests positive on a Lateral Flow test will be required to self-isolate immediately and does not need to take a confirmatory PCR test.→ Everyone else in the household should follow the above guidance for people who have been in contact with a case.→ Locally, we advise that where someone in the household has tested positive, school-aged children should undertake daily Lateral Flow testing for 7 days (in line with national guidance) but that they should stay off school until after they have taken their Day 3 Lateral Flow test, returning on Day 3 only if tests on Day 1-3 are negative.



Understanding your self-isolation period following a positive COVID-19 test

- Your isolation period includes the day your symptoms started (or the day your test was taken if you do not have symptoms), and the next 10 full days.
- You may be able to end your self-isolation period before the end of the 10 full days. You can take daily Lateral Flow tests from Day 6 of your isolation period. If you receive two negative Lateral Flow test results 24 hours apart, you can end your isolation if you do not have a high temperature and do not feel unwell. You can end your isolation as soon as you have your second negative test result. This means that some people will be able to return to work or school on Day 7. A cough or loss or change to your sense of taste or smell can persist for several weeks, and on their own do not require you to continue isolating.

Support to self-isolate

- If anyone in your household tests positive for COVID-19 or is told to isolate as a contact of a case, support is available.
- Support with practical tasks like shopping and collecting medications is available if you are unable to leave the house and don't have any family or friends that can help. For more information visit <https://www.calderdale.gov.uk/v2/coronavirus/help/advice> or ring **01422 392890** if you don't have access to the internet.
- You may be eligible for financial assistance of £500 if you are unable to go to work because you are isolating and will lose income as a result. For more information visit <https://www.calderdale.gov.uk/v2/coronavirus-covid-19/help-people-and-communities/test-and-trace-support-payment> or ring **01422 288003** if you don't have access to the internet.