



24 January 2022

Dear Parent / Carer

***RE: Mental Health and Wellbeing Support,***

I am writing to inform you of some exciting new developments that have been implemented to further enhance our pastoral and wellbeing support across the Academy.

Students within our setting often arrive amongst a complex backdrop of social, emotional and mental health needs. We understand that students may require additional support with their mental health throughout their time in school. Therefore, ensuring these students feel supported to achieve their potential and achieve their best possible life chances is of paramount importance.

As a result, we have recently embedded a renewed whole school approach to supporting students with their mental health and wellbeing and implemented a new Mental Health Team and Wellbeing Listeners coordinated by the Senior Mental Health Lead. Our Mental Health Team coordinate the whole school approach to student's wellbeing and mental health, and ensure the best possible support is embedded throughout the Academy. This team is:

- Mr J. Colwell, Senior Mental Health Lead (Designated Safeguarding Lead)
- Miss G. Wilson, Pastoral Lead, Mental Health Champion (Pastoral)
- Miss E. Stringer, PHSE Coordinator, Mental Health Champion (Curriculum)

In addition, we now have a dedicated section on our website with a range of resources and support services you can contact to address any concerns you may have. Resources available include support in relation to difficulties with routine, stress and worry as well as anger and much more. Furthermore, on this webpage are links to other support services such as:

- Open Minds (CAMHS) Calderdale
- Calderdale Council Young Carers
- Healthy Minds (Calderdale Wellbeing)
- Youth Work (Calderdale Council)
- SilverCloud / Calderdale IAPT



You can access the webpage via: <https://twapa.co.uk/wellbeing/>

As well as renewed joint-working with mental health agencies, we have also implemented further pastoral support in school including the implementation of Wellbeing Listeners across all key-stages as well and worry boxes for KS2. All students will now benefit from “wrap-around” universal provision with students requiring further 1:1 support or input from external agencies identified and supported in a proactive manner.

Ultimately, we are committed to making a difference; we are not passive players in young people’s lives but active participants who can and do make a real difference. Therefore, if you need any further support please contact the Academy and speak to a member of our Mental Health Team who can provide additional support.

Any concerns or issues should be directed to either Miss. G Wilson or Mr. J Colwell in the first instance.

Yours sincerely,

Mr. J Colwell  
Designated Safeguarding Lead and Senior Mental Health Lead  
Safeguarding, Attendance and Inclusion